**MNU | PERSONAL TRAINING EXPERIENCE FRAMEWORK**

|  |  |
| --- | --- |
| **Name:**  | **Email:**  |
| **Website:**  |
| **Instagram Handle(s):**  |
| **Business Facebook Page(s):**  |
| **How long have you worked as a Personal Trainer?**  |
| **Approximately how many clients have you worked with?**  |

|  |
| --- |
| **In 200 words or less, please outline your nutrition experience and explain how you currently use nutrition within your personal training** |
|  |

**On a Scale of 1 (No Experience) – 10 (Extremely Confident):**

 **How confident are you in delivering nutrition advice to clients?**

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **1** | **2** | **3** | **4** | **5** | **6** | **7** | **8** | **9** | **10** |

**Evidence #1**

**Add photos / screenshots here**

**Date of Image:**

**Link (if available online):**

**Details:**

*Use this space to explain how this piece of evidence demonstrates your nutrition knowledge and/or experience of using nutrition with clients*

**Add photos / screenshots here**

**Evidence #2**

**Date of Image:**

**Link (if available online):**

**Details:**

*Use this space to explain how this piece of evidence demonstrates your nutrition knowledge and/or experience of using nutrition with clients*

**Evidence #3**

**Add photos / screenshots here**

**Date of Image:**

**Link (if available online):**

**Details:**

*Use this space to explain how this piece of evidence demonstrates your nutrition knowledge and/or experience of using nutrition with clients*

**Evidence #4**

**Date of Image:**

**Link (if available online):**

**Details:**

*Use this space to explain how this piece of evidence demonstrates your nutrition knowledge and/or experience of using nutrition with clients*

**Add photos / screenshots here**

**Evidence #5**

**Add photos / screenshots here**

**Date of Image:**

**Link (if available online):**

**Details:**

*Use this space to explain how this piece of evidence demonstrates your nutrition knowledge and/or experience of using nutrition with clients*

**Evidence #6**

**Date of Image:**

**Link (if available online):**

**Details:**

*Use this space to explain how this piece of evidence demonstrates your nutrition knowledge and/or experience of using nutrition with clients*

**Add photos / screenshots here**

**Evidence #7**

**Add photos / screenshots here**

**Date of Image:**

**Link (if available online):**

**Details:**

*Use this space to explain how this piece of evidence demonstrates your nutrition knowledge and/or experience of using nutrition with clients*

**Evidence #8**

**Date of Image:**

**Link (if available online):**

**Details:**

*Use this space to explain how this piece of evidence demonstrates your nutrition knowledge and/or experience of using nutrition with clients*

**Add photos / screenshots here**

**Date of Image:**

**Link (if available online):**

**Details:**

*Use this space to explain how this piece of evidence demonstrates your nutrition knowledge and/or experience of using nutrition with clients*

**Evidence #10**

**Date of Image:**

**Link (if available online):**

**Details:**

*Use this space to explain how this piece of evidence demonstrates your nutrition knowledge and/or experience of using nutrition with clients*

**Evidence #9**

**Add photos / screenshots here**

**Add photos / screenshots here**